SAN JUAN COUNTY VITAL SERVICES GUIDE: YOUR PATHWAY TO ESSENTIAL RESOURCES





This comprehensive guide connects you to ten vital services available in San Juan County, New Mexico. It's designed to help families, students, and children navigate access to the resources they need to survive and thrive.

If you need assistance, remember that the Community Compass Center is here to help you make the most of these resources.











OUR 2025 LEADERSHIP TEAM:

Kathy Price Co-Coordinator



Carrie Wiedmeyer-Olson PMS Liaison

Megan Cullip **Co-Coordinator**

Lynne Spence **Family Resource Directory**



Cheri Floyd **PMS Community Compass Center Administrator**



Surviving Sectors:

Selece Gathings **Food Security**

Jacqueline Montoya Food Security Team **Christina Morris** Transportation

Kristine Carlson-Werito Behavioral Health Cindi Haws

Trisha Brereton Medical/Dental









Thriving Sectors:

Barbara Tedrow Early Childhood

Janice John Job Training

Nikki Taylor Nicole Murillo Youth Mentorship



Marianna Childers Parent Supports











Community Schools

Flow Chart Medical/Dental - 2025

Community Compass Center – 1001 W Broadway, Farmington, NM 505.636.7110

Primary Services in Medical/Dental Sector

- 1. Primary Care Services
- 2. Dental Care
- 3. Specialty Medical Care
- 4. Emergency Medical Services
- 5. Pediatric Care
- 6. Women's Health Services
- 7. Pharmacy Services
- 8. Laboratory and Diagnostic Services
- 9. Health Education and Prevention Programs

Decision Tree for Medical/Dental Services





- 1. Do you need routine medical care or have a non-emergency health concern? Yes \rightarrow Seek Primary Care Services
- 2. Do you need dental care or have oral health concerns?
- Yes \rightarrow Look for Dental Care services
- 3. Are you experiencing mental health issues or need counseling?
- Yes \rightarrow Explore Behavioral Health Sector Services
- 4. Do you require care from a medical specialist, experiencing domestic violence or sexual abuse?
 - Yes \rightarrow Seek Specialty Medical Care or call Sexual Assault Services at 505-326-4700
- 5. Is this a medical emergency?
 - Yes → Contact Emergency Medical Services immediately
- 6. Are you seeking care for a child?
- Yes \rightarrow Look into Pediatric Care services
- 7. Do you need women's health services or pregnancy care?
- Yes \rightarrow Explore Women's Health Services
- 8. Do you need to fill a prescription or get medication advice?
- Yes \rightarrow Visit Pharmacy Services
- 9. Do you need medical tests or diagnostic imaging?
- Yes \rightarrow Seek Laboratory and Diagnostic Services
- 10. Are you interested in preventive care or health education?
- Yes \rightarrow Check out Health Education and Prevention Programs
- 11. Do you need assistance with digital access or skills to utilize these services?
 - Yes \rightarrow Direct to Community Compass Center or other Hubs with Digital Resources

Flow Chart Food Security - 2025

Community Compass Center – 1001 W Broadway, Farmington, NM 505.636.7110

Primary Services in Food Sector

- 1. Food Banks and Pantries
- 2. Meal Delivery Programs
- 3. Supplemental Nutrition Assistance Program (SNAP)
- 4. Women, Infants, and Children (WIC) Program
- 5. School Meal Programs
- 6. Senior Nutrition Programs
- 7. Emergency Food Assistance

Decision Tree for Food Services

- 8. Nutrition Education
- 9. Community Gardens
- 10. Farmers Markets

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- 1. Do you need immediate access to food?
- Yes \rightarrow Contact Food Banks and Pantries or Emergency Food Assistance
- 2. Are you unable to leave your home to get food?
- Yes \rightarrow Look into Meal Delivery Programs
- 3. Do you need ongoing assistance with purchasing food?
- Yes \rightarrow Explore Supplemental Nutrition Assistance Program (SNAP)
- 4. Are you pregnant, breastfeeding, or have children under 5?
- Yes \rightarrow Check eligibility for Women, Infants, and Children (WIC) Program
- 5. Do you have school-aged children who need meals?
 - Yes \rightarrow Inquire about School Meal Programs
- 6. Are you a senior citizen in need of nutritional support?
- Yes \rightarrow Look into Senior Nutrition Programs including WIC Senior
- 7. Are you interested in learning about healthy eating and cooking?
- Yes \rightarrow Explore Nutrition Education programs
- 8. Would you like to grow your own food?
- Yes \rightarrow Consider participating in Community Gardens
- 9. Are you interested in accessing fresh, local produce?
- Yes \rightarrow Visit local Farmers Markets
- 10. Do you need assistance with digital access or skills to utilize these services?
 - Yes \rightarrow Direct to Community Compass Center or other Hubs with Digital Resources

Flow Chart Housing Security - 2025

Community Compass Center – 1001 W Broadway, Farmington, NM 505.636.7110

Primary Services in Housing Sector

- 1. Emergency Shelter
- 2. Transitional Housing
- 3. Affordable Housing Programs
- 4. Rental Assistance
- 5. Homeownership Assistance
- 6. Housing Rehabilitation and Repair
- 7. Homeless Prevention Services
- 8. Utility Assistance
- 9. Fair Housing Support
- 10. Housing Counseling

Decision Tree for Housing Services





- 1. Are you currently homeless or at risk of becoming homeless immediately?
- Yes \rightarrow Seek Emergency Shelter services
- 2. Do you need temporary housing while working towards permanent housing?
- Yes \rightarrow Explore Transitional Housing options
- 3. Are you looking for long-term affordable housing?
- Yes \rightarrow Check Affordable Housing Program
- 4. Do you need help paying rent?
- Yes \rightarrow Look into Rental Assistance programs
- 5. Are you interested in buying a home but need financial assistance?
- Yes \rightarrow Explore Homeownership Assistance programs
- 6. Do you own a home that needs repairs or modifications?
- Yes \rightarrow Consider Housing Rehabilitation and Repair services
- 7. Are you at risk of losing your current housing?
- Yes \rightarrow Seek Homeless Prevention Services
- 8. Do you need help paying utility bills?
- Yes \rightarrow Look into Utility Assistance program
- 9. Have you experienced housing discrimination?
 - Yes \rightarrow Seek Fair Housing Support
- 10. Do you need advice on housing-related issues or financial management?
 - Yes \rightarrow Consider Housing Counseling services
- 11. Do you need assistance with digital access or skills to utilize these services?
 - Yes \rightarrow Direct to Community Compass Center or other Hubs with Digital Resources

Flow Chart Behavioral Health - 2025

Community Compass Navigation Center – 1001 W Broadway, Farmington, NM 505.636.7110

Primary Services in Behavioral Health Sector

- 1. Individual Counseling
- 2. Group Therapy
- 3. Substance Abuse Treatment
- 4. Crisis Intervention Services
- 5. Child and Adolescent Mental Health Services
- 6. Family Therapy
- 7. Psychiatric Services
- 8. Trauma-Informed Care
- 9. Prevention and Early Intervention Programs
- 10. Telehealth Mental Health Services

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Decision Tree for Behavioral Health Services

- 1. Are you experiencing a mental health crisis or having thoughts of self-harm?
- Yes \rightarrow Seek immediate Crisis Intervention Services
- 2. Are you looking for one-on-one mental health support?
- Yes → Explore Individual Counseling options
- 3. Would you prefer to work on mental health issues with others facing similar challenges?
- Yes \rightarrow Consider Group Therapy
- 4. Are you struggling with substance abuse or addiction?
 - Yes \rightarrow Look into Substance Abuse Treatment programs
- 5. Are you seeking mental health services for a child or teenager?
- Yes \rightarrow Explore Child and Adolescent Mental Health Services
- 6. Are you experiencing family-related mental health issues?
- Yes \rightarrow Consider Family Therapy
- 7. Do you need medication management or evaluation for psychiatric conditions?
- Yes → Seek Psychiatric Services
- 8. Have you experienced trauma and need specialized care?
- Yes \rightarrow Look into Trauma-Informed Care
- 9. Are you interested in programs to prevent mental health issues or catch them early?
 Yes → Explore Prevention and Early Intervention Programs
- 10. Would you prefer to receive mental health services remotely?
- Yes ightarrow Consider Telehealth Mental Health Services
- 11. Do you need assistance with digital access or skills to utilize these services?
- Yes \rightarrow Direct to Community Compass Center or other Hubs with Digital Resources

Flow Chart Transportation - 2025

Community Compass Center – 1001 W Broadway, Farmington, NM 505.636.7110

Primary Services in the Transportation Sector

- 1. Public Bus Services
- 2. Paratransit Services
- 3. Medical Transportation
- 4. Senior Transportation Services
- 5. Ride-sharing Programs
- 6. Bicycle and Pedestrian Programs
- 7. Vehicle Repair Assistance
- 8. Driver's Education and Training
- 9. Transportation Vouchers
- 10. Commuter Services

Transport

Decision Tree for Transportation Services

- 1. Do you need regular public transportation within the county?
- Yes \rightarrow Explore Public Bus Services
- 2. Do you have a disability that makes using regular public transit difficult?
- Yes \rightarrow Look into Paratransit Services
- 3. Do you need transportation specifically for medical appointments?
 - Yes \rightarrow Seek Medical Transportation services
 - No \rightarrow Continue to next question
- 4. Are you a senior citizen in need of transportation assistance?
- Yes \rightarrow Check Senior Transportation Services
- 5. Are you interested in carpooling or shared rides?
- Yes \rightarrow Explore Ride-sharing Programs
- 6. Are you looking for information on bike paths or walking routes?
- Yes \rightarrow Look into Bicycle and Pedestrian Program
- 7. Do you own a vehicle that needs repairs but can't afford them?
- Yes \rightarrow Investigate Vehicle Repair Assistance programs
- 8. Do you need to learn how to drive or improve your driving skills?
- Yes \rightarrow Consider Driver's Education and Training programs
- 9. Do you need financial assistance for transportation costs?
- Yes \rightarrow Look into Transportation Vouchers
- 10. Are you seeking transportation options for work commutes?
 - Yes \rightarrow Explore Commuter Services
- 11. Do you need assistance with digital access or skills to utilize these services?
- Yes \rightarrow Direct to Community Compass Center or other Hubs with Digital Resources

Flow Chart Early Childhood - Jan 2025

Community Compass Center – 1001 W Broadway, Farmington, NM 505.636.7110

Primary Services in the Early Childhood Sector

- 1. Child Care and Preschool Programs
- 2. Home Visiting Services
- 3. Early Intervention Services
- 4. Family Support Programs (also see Parenting Sector resources)
- 5. Health and Developmental Screenings
- 6. Parenting Education and Resources
- 7. Early Literacy Programs via libraries

Decision Tree for Early Childhood Services

1. Do you need child care or preschool?





 Yes → Proceed to Child Care and Preschool Programs Childcare Finder: <u>https://childcare.ececd.nm.gov/search</u> State Funded Childcare Assistance – 800.832.1321

- 2. Are you expecting a child or have a child under 3 years old?
 - Yes \rightarrow Consider Home Visiting Services
- 3. Do you have concerns about your child's development (0-3 years)? - Yes → Explore Early Intervention Services
- 4. Are you looking for general family support or resources?
 - Yes \rightarrow Check Family Support Programs
- 5. Do you need health or developmental screenings for your child?
- Yes \rightarrow Seek Health and Developmental Screenings
- 6. Are you interested in improving your parenting skills?
 Yes → Look into Parenting Education and Resources
- 7. Do you want to promote early literacy for your child? - Yes → Explore Early Literacy Programs
- 8. Do you need assistance with digital access or skills to utilize these services?
 Yes → Direct to Community Compass Center or other Hubs with Digital Resources

Flow Chart Community Schools - 2025

Community Compass Center – 1001 W Broadway, Farmington, NM 505.636.7110

Primary Services in Community Schools Sector

- 1. Academic Support Programs
- 2. After-School Programs
- 3. Family Engagement Activities
- 4. Health and Wellness Services
- 5. Social-Emotional Learning Programs
- 6. Adult Education Classes
- 7. Community Service Opportunities
- 8. Cultural and Arts Programs
- 9. Technology Access and Training
- 10. Resource Coordination and Referrals

Decision Tree for Community Schools Services

- 1. Does your child need additional academic support?
- Yes \rightarrow Explore Academic Support Programs
- 2. Are you looking for after-school care or activities?
- Yes \rightarrow Check out After-School Program
- 3. Do you want to be more involved in your child's education?
- Yes → Participate in Family Engagement Activities
- 4. Do you need access to health services at school?
- Yes \rightarrow Look into Health and Wellness Services
- 5. Is your child struggling with social or emotional issues?
- Yes \rightarrow Consider Social-Emotional Learning Programs
- 6. Are you an adult or teen interested in continuing education?
 - Yes \rightarrow Explore Adult Education Classes
- 7. Are you an adult or teen interested in job search or resume building?
- Yes \rightarrow Explore Workforce Solutions
- 8. Are you or your child looking for volunteer opportunities?
- Yes \rightarrow Check out Community Service Opportunities
- 9. Are you interested in arts or cultural programs?
- Yes \rightarrow Participate in Cultural and Arts Programs
- 10. Do you need access to computers or internet?
- Yes \rightarrow Utilize Technology Access and Training services
- 11. Do you need help finding other community resources?
 - Yes \rightarrow Use Resource Coordination and Referrals





Flow Chart Youth Mentoring – 2025

Community Compass Center – 1001 W Broadway, Farmington, NM 505.636.7110

Primary Services in Youth Mentoring Sector

- 1. One-on-One Mentoring Programs
- 2. Group Mentoring Programs
- 3. Academic Mentoring
- 4. Career Exploration Mentoring
- 5. Sports and Recreation Mentoring
- 6. Arts and Cultural Mentoring
- 7. Leadership Development Programs
- 8. Peer Mentoring Programs
- 9. Mentoring for At-Risk Youth
- 10. Online Mentoring Platforms

Decision Tree for Youth Mentoring Services

- 1. Are you looking for individual attention for a youth?
- Yes \rightarrow Explore One-on-One Mentoring Programs
- 2. Would the youth benefit from interacting with peers and mentors together?
- Yes \rightarrow Consider Group Mentoring Programs
- 3. Does the youth need help improving their academic performance?
- Yes \rightarrow Look into Academic Mentoring
- 4. Is the youth interested in exploring future career options?
- Yes \rightarrow Check out Career Exploration Mentoring
- 5. Is the youth interested in sports or physical activities?
- Yes \rightarrow Explore Sports and Recreation Mentoring
- 6. Does the youth have an interest in arts or cultural activities?
- Yes \rightarrow Consider Arts and Cultural Mentoring
- 7. Is the youth looking to develop leadership skills?
- Yes \rightarrow Look into Leadership Development Programs
- 8. Would the youth benefit from mentoring by slightly older peers?
 - Yes → Explore Peer Mentoring Programs
- 9. Is the youth facing significant challenges or risks?
- Yes \rightarrow Consider Mentoring for At-Risk Youth
- 10. Is the youth interested in virtual mentoring options?
- Yes \rightarrow Look into Online Mentoring Platforms
- 11. Do you need assistance with digital access or skills to utilize these services?
- Yes \rightarrow Direct to Community Compass Center or other Hubs with Digital Resources



Flow Chart Parent Supports – 2025

Community Compass Center – 1001 W Broadway, Farmington, NM 505.636.7110

Primary Services in Parent Support Sector

- 1. Parenting Classes and Workshops
- 2. Home Visiting Programs
- 3. Family Counseling Services
- 4. Support Groups for Parents
- 5. Child Development Education
- 6. Fatherhood Programs
- 7. Single Parent Support Services
- 8. Crisis Intervention for Families
- 9. Parent-Child Activities
- 10. Resource and Referral Services

Decision Tree for Parent Support Services

- 1. Are you looking to improve your parenting skills?
- Yes \rightarrow Explore Parenting Classes and Workshops
- 2. Do you have a young child and want in-home support?
- Yes \rightarrow Look into Home Visiting Program
- 3. Are you experiencing family conflicts or challenges?
- Yes \rightarrow Consider Family Counseling Services
- 4. Would you like to connect with other parents for mutual support?
 - Yes \rightarrow Join Support Groups for Parents
- 5. Do you want to learn more about your child's developmental stages?
- Yes \rightarrow Seek Child Development Education resources
- 6. Are you a father looking for specific support?
- Yes \rightarrow Check out Fatherhood Programs
- 7. Are you a single parent in need of specialized support?
- Yes \rightarrow Explore Single Parent Support Services
- 8. Is your family experiencing an immediate crisis?
- Yes \rightarrow Seek Crisis Intervention for Families
- 9. Are you looking for activities to do with your child?
- Yes \rightarrow Participate in Parent-Child Activities
- 10. Do you need help finding other family-related services?
 - Yes \rightarrow Utilize Resource and Referral Services
- 11. Do you need assistance with digital access or skills to utilize these services?
 - Yes \rightarrow Direct to Community Compass Center or other Hubs with Digital Resources





Flow Chart Job Training – 2025

Community Compass Center – 1001 W Broadway, Farmington, NM 505.636.7110

Primary Services in Job Training Sector

- 1. Adult Education and GED Programs
- 2. Vocational Training
- 3. Apprenticeship Programs
- 4. Job Search Assistance
- 5. Resume Writing and Interview Skills
- 6. Career Counseling
- 7. On-the-Job Training
- 8. Computer Skills Training
- 9. English as a Second Language (ESL) Classes
- 10. Workforce Development Programs





Decision Tree for Job Training Services

- 1. Do you need to complete your high school education or obtain a GED?
- Yes \rightarrow Explore Adult Education and GED Programs
- 2. Are you looking to learn a specific trade or skill?
- Yes → Consider Vocational Training or Apprenticeship Programs
- 3. Do you need help finding job opportunities?
- Yes \rightarrow Seek Job Search Assistance
- 4. Do you need help with your resume or interview skills?
- Yes \rightarrow Look into Resume Writing and Interview Skills services
- 5. Are you unsure about your career path?
 - Yes \rightarrow Explore Career Counseling options
- 6. Are you employed but want to improve your skills in your current job?
- Yes \rightarrow Consider On-the-Job Training opportunities
- 7. Do you need to improve your computer skills?
- Yes \rightarrow Look into Computer Skills Training
- 8. Is English your second language and you want to improve it?
- Yes \rightarrow Explore English as a Second Language (ESL) Classes
- 9. Are you looking for comprehensive employment services?
- Yes \rightarrow Check out Workforce Development Programs
- 10. Do you need assistance with digital access or skills to utilize these services?
 - Yes \rightarrow Direct to Community Compass Center or other Hubs with Digital Resources