



# Fourth Annual New Mexico Home Visiting Symposium

## Understanding Behavior in Home Visiting: Yours, Mine, Everyone's

Trainer Mara Brenner will lead three interactive workshops on understanding adult behavior for this year's symposium.

[Working with Families to Understand Young Children's Behavior: Why does it push our buttons?](#)

Click the link above to watch the fall workshop she presented.

All sessions are via Zoom and FREE to attend  
Simultaneous Spanish interpretation provided

[\*\*REGISTER HERE\*\*](#)



Attend all three symposium sessions for optimal impact, as they build on each other.

**TUESDAY, MARCH 11, 11am-1pm**

**Leveraging Emotional Intelligence in Relationship-based Work**

Developing emotional intelligence in relationship-based work enhances self-awareness and self-regulation, leading to more effective communication with families.

**WEDNESDAY, MARCH 12, 11am-1pm**

**Understanding Behavior Through the Lens of Trauma**

Understanding trauma's impact on brain development and behavior helps you better support home visiting families with trauma-informed care, regardless of their past experiences.

**THURSDAY, MARCH 13, 11am-1pm**

**Preventing Secondary Trauma in Ourselves While Helping Others**

Working with struggle and suffering can affect us, but we can take steps to protect ourselves.